

## **AFTER PUNCTAL PLUGS**

1. Seven to ten days following punctal plugs, it is normal to feel a foreign body sensation when looking in a peripheral gaze. This is due to the surface of the eye touching the top of the plug. Well over 90% of the time the eye tissue will adapt and the sensation will go away.
2. The artificial tears that were prescribed should be used to relieve any minor irritation during this initial 10 day adaptation period.
3. Do not rub or touch the inner corner of the eye where the plug is located, as this could dislocate the plug.
4. Should you experience extreme discomfort and the inner corner of the eye becomes inflamed, please call the office.